



EMBRACE ND INC

# **Minot Community Resource Guide for Recovery**

*Have you been affected by addiction?*



[www.fdh.u.org](http://www.fdh.u.org)

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## **Emergency:**

### **911 – Medical emergency help**

**1-800-273-8255** – National Suicide Prevention Hotline

**741741** – National Suicide Text Line (Text NAMI)

**1-844-289-0879** – National Drug Hotline

**1-800-799-7233** – 24-Hour Domestic Violence Crisis Line.

**1-800-344-7273** – Rape Crisis Line

**(701) 852-4673** – Dakota Hope Clinic 24-Hour Hotline

**(701) 857-8500** – 24-Hour Crisis Line: North Central Human Services

**838255** - Veterans Crisis Line - TEXT

**1-800-273-8255** - Veterans Crisis Line

**511** - Road Report: [www.dot.nd.gov/road](http://www.dot.nd.gov/road)

## **Addiction Services:**

### 5<sup>th</sup> Generation Healing Center

(701) 477-3121, Belcourt

*5<sup>th</sup> Generation's Services include evaluations, interventions, consults, outpatient, Aftercare, and Follow-up, with Nightly AA/NA Meetings, open to everyone.*

### A.D.A.P.T.

(701) 858-9026

1809 S. Broadway, P1

*Licensed Addiction Counseling, Outpatient Treatment Services, Aftercare Services, Drug Screenings, Substance Abuse Prevention*

### Bob Hayse Addiction Services

(701) 838-1422

1809 South Broadway, Suite G

### Community Medical Services

(701) 858-1801

### Cornerstone Addiction Services

(701) 839-0474

1705 4<sup>th</sup> Ave N.W.

*Adolescents, Outpatient, Prevention/Education, Substance Abuse Treatment*

### Dakota Boys and Girls Ranch

(701) 839-6344

6301 19<sup>th</sup> Ave N.W.

*Adolescents, Substance Abuse Treatment Services, Dual Diagnosis Addiction Treatment, Residential Long-Term Inpatient, Holistic Rehabilitation*

### Dakota Family Services

(701) 837-6508

6301 19<sup>th</sup> Ave N.W.

*Community-based mental health service organization which provides outpatient mental health services.*

### Faa Addiction Services

900 N. Broadway Ste. 111

Minot, ND 58703

Tel. (701)537-4191

### Good Neighbor Project

(701) 852-1376

801 11<sup>th</sup> Ave S.W.

*Syringe exchange program through First District Health Unit*

### Goodman Addiction Services

(701) 852-3869

1809 S Broadway, Suite S

*Drug/Alcohol evaluations for both adults and adolescents; Level 1 outpatient treatment for both adults and adolescents; Level 2.1 intensive outpatient treatment for*

*adults; DUI seminars; minor in consumption classes for ages 12-20; drug/alcohol education classes; DOT evaluations for employees that test positive for*

### **Addiction Services: (cont.)**

#### **Goodman Addiction Services (cont.)**

*drugs/alcohol, along with treatment and counseling for those employees; sliding fee available through the SUD voucher program.*

#### **Growing Together/New Hope**

(701) 837-4989

515 19<sup>th</sup> Ave S.E.

*Residential treatment program.*

#### **Lutheran Social Services**

(701) 838-7800

1905 2<sup>nd</sup> Street SE, Suite 1B.

#### **North Central Human Service Center**

(701) 857-8500

1015 South Broadway,

*Provides High Intensity Clinically Monitored Residential Treatment,*

*(5-8 weeks of attending our Day Treatment Program while residing in a residential*

*facility), Partial Hospitalization/Day*

*Treatment (attending our Day Treatment Program from home), Intensive Outpatient*

*Treatment, Outpatient Treatment*

*(Aftercare/SUD Team) and Clinically*

*Monitored Low-Intensity Residential*

*Treatment (transitional living facility).*

#### **PATH**

(701) 839-8887

1425 21<sup>st</sup> Ave NW Suite A,

*Family support program.*

#### **Sunrise Counseling**

900 N. Broadway Ste. 110

Minot, ND 58703

Tel. (701)833-1246

#### **Trinity Hospital**

(701) 857-2480

407 3<sup>rd</sup> St S.E.

*Provides Partial Hospitalization/Day*

*Treatment, Intensive Outpatient Treatment,*

*Aftercare and Medical Detoxification*

### **Clothing Vouchers:**

#### **Goodwill**

(701) 852-3552

225 3<sup>rd</sup> St S.E.

*Vouchers are given through Ward County*

*Social Services*

#### **McLean Family Resource Center**

(701) 462-8643

205 7<sup>th</sup> Street, Washburn, ND

Tuesdays & Thursdays:

10 AM – Noon & 1:30 PM – 3:30 PM

Salvation Army

(701) 838-8925

315 Western Ave

*Must register for a voucher*

**Community Classes/Trainings**

Kick Start

(701) 837-5171

First District Health Unit

*Online tobacco cessation class.*

*Contact Bonnie Riley for more information*

ND Quits

Online: <https://ndquits.health.nd.gov/>

or via Phone: 1 (800) 784.8669

*Free tobacco cessation resource for ND residents*

Prime for Life

(701) 852-1376

First District Health Unit

801 11<sup>th</sup> AVE SW, Minot

*Alcohol & Tobacco Prevention Class,  
Cost is \$100, Occurs quarterly, 4-8 pm.  
Contact Bobbi Dickinson*

Responsible Beverage Server (RBS)

Training (local)

(701) 852-1376

First District Health Unit, Conference Room A

801 11<sup>th</sup> Ave SW, Minot

*Certification to serve alcohol; 1<sup>st</sup>*

*Thursday of each month from 5 – 7*

*PM; \$10.00 fee*

Responsible Beverage Server (RBS)

Training (online)

*Certification to serve alcohol*

*Online:*

<http://www.ndsc.org/trainingcalendar>

*\$20.00 fee*

**Community Services:**

Community Actions

(701) 839-7221

2020 8<sup>th</sup> Ave S.E.

*Self Sufficiency, Housing Programs,  
Emergency Programs*

Dakota Family Services

(701) 837-6508

6301 19<sup>th</sup> Ave N.W.

Dakota Hope Clinic

(701) 852-4673

315 Main Street S, Suite 205

*Pregnancy Medical Services*

Division of Juvenile Services

(701) 857-7688

900 N Broadway, Ste 300,

Minot, ND 58703

## **Community Services: (cont.)**

### Domestic Violence Crisis Center

(701) 852-2258

3900 11<sup>th</sup> Ave S.E.

**24-Hour DV Crisis Line**

**(701) 857-2200**

### First District Health Unit

(701) 852-1376

801 11<sup>th</sup> Ave S.W.

*Education, Children's Health and  
Nutrition, Public Health Resources*

### Free Through Recovery

*Referral by your Probation or Parole  
Officer. A community-based  
behavioral health program designed  
to increase recovery supports services  
to those who have been involved with  
the criminal justice system.*

### GEM Federal Credit Union

Susan L. Bergman

(701) 852-3866

2401 N. Broadway, Minot

[gemsue@srt.com](mailto:gemsue@srt.com)

*Financial Services Education*

### MHA (Mandan, Hidatsa & Arikara)

West Segment (Minot Satellite Office)

(701) 839-3645

### Salvation Army

(701) 838-8925

315 Western Ave.

*Evictions, Cut Offs, Food Pantry.*

*Walk-ins: 10:00 AM – 2:00 PM*

*M, T, W, F*

### St. Vincent de Paul

(701) 833-1269

*Assistance with basic needs and  
referrals to other agencies*

### Ward County Social Services

(701) 852-3552

225 3<sup>rd</sup> Street S.E.

*Economic Assistance*

## **Counseling/Therapy:**

### The Burckhard Clinic

(701) 852-5876

315 Main Street South

*Therapy services*

### Catholic Family Services

(701) 838-2854

216 S Broadway, Suite 103

### Child & Adolescent Psychological Services

(701) 839-0474

1705 4<sup>th</sup> Ave NW

Minot, ND 58701

## **Counseling/Therapy: (cont.)**

Tom Clark, PhD, MFT

(701) 838-2442

2116 4<sup>th</sup> Ave N.W.

*Therapy, Psychological Evaluations*

Virginia Dohms, MA LPCC

(701) 240-3200

*Mental Health Counselor*

*\*Call for an appointment*

Harmony Center

(701) 852-3263

212 E Central Ave

*Peer Support group to help focus on recovery*

Heather Klippen, LICSW

(701) 839-3909

24 North Main Street Suite G

*Therapy services*

Dr. L Mark Bell

(701) 852-8798

601 18<sup>th</sup> Ave S.E. Ste 101

Tammy Ness, LICSW

(701) 839-0151

24 North Main Street

*Therapy services*

Northland Health Center

(701) 852-4600

1600 2<sup>nd</sup> Ave S.W., Suite 19

*Therapy, Medication, Sliding Fee Scale*

Posphishil and Associates

(701) 858-0888

1425 21<sup>st</sup> Ave N.W., Suite C & Suite 2  
*Therapy*

Serenity Health Solutions

(701) 838-1558

2010 4<sup>th</sup> Ave N.W., Ste. 106

*Therapy, Medication, Family Therapy*

Laura Siercks, LICSW, MFT

(701) 263-1298

1809 South Broadway, Suite Z  
*Therapy*

Trinity Riverside Therapists

(701) 857-5998

1900 8<sup>th</sup> Ave S.E.

*Therapy, Psychological Evaluations,  
Parenting Classes, Social Skills Groups*

Cheryl Levadney, LICSW

(701) 833-8070

600 22<sup>nd</sup> Ave NW, Ste U2

*Therapy (EMDR)*

Village Family Service Center

(701) 852-3328

20 1<sup>st</sup> Street S.W., Suite 250

*In-home Family Therapy, Counseling,  
Family Group Decision Making*



## **Food Pantries:**

### Community Action

(701) 839-7221

2020 8<sup>th</sup> Ave, Minot

*Small emergency pantry.*

### Community Cupboard of Underwood

(701) 595-0320

208 Lincoln Avenue, Underwood, ND

*Food distributions:*

*1<sup>st</sup> Thursday of the month:*

*4:00 – 6:00 PM*

*3<sup>rd</sup> Saturday of the month:*

*10:00 AM – 12:00 PM*

### Faith Food Bank

(701) 852-8165

234 14<sup>th</sup> Avenue SE, Minot

*Saturdays, 10 am – 12 pm*

### Trinity Lutheran Church - Glenburn

(701) 362-7922

300 Healy St, Glenburn, ND

*4<sup>th</sup> Thursday of the month:*

*4:00 – 5:00 PM*

### Great Plains Food Bank

(701) 232-6219

(701) 232-3871

### Kenmare Food Pantry

(701) 385-4528

117 2<sup>nd</sup> St NW, Kenmare, ND

*2<sup>nd</sup> Monday of the month:*

*11:15 AM – 12:45, 5 - 6 PM*

### Lord's Pantry

(701) 448-2858

Trinity Lutheran in Turtle Lake

*2 times a month*

### Max Food Pantry

(701) 240-5344, (701) 389-0623

Max, ND

*3<sup>rd</sup> Monday of every month,*

*1:00 -3:00 & 5:00 – 7:00*

### McLean Family Resource Center

(701) 46462-8643

205 7<sup>th</sup> St, Washburn, ND

*Call for an appointment*

*Week days between 10:00 AM – 4:00 PM;*

*available to McLean County residents;*

*photo ID required,*

### Minot Area Homeless Coalition

(701) 852-6300,

105 1<sup>st</sup> St S.E., Minot

*Small emergency pantry*

### Our Lady of Grace

707 16<sup>th</sup> Ave S.W., Minot

*Must register through Community Action*

*Open Monday, Tuesday, Thursday, Friday*

*from 1:00 – 4:00 PM, monthly stipend*

### Peace Lutheran Church Food Pantry

(701) 852-3880

521 Davis Street, Burlington, ND

*1<sup>st</sup> Monday of the month from 7:00 – 8:00*

*PM*

### **Food Pantries: (cont.)**

#### Salvation Army

(701) 838-8925

315 Western Ave, Minot

*Must register, monthly stipend*

#### Share Exchange

(701) 448-2884

221 Main Street, Turtle Lake, ND

*Every Thursday from 12:00 – 6:00 PM*

*Contact Karen Boyko for immediate assistance.*

#### St. Vincent de Paul Society

(701) 833-1269

218 1<sup>st</sup> St S.E., Minot

*Small emergency pantry*

#### The Lord's Cupboard

1725 Burdick Expressway West, Minot

*Monday, Wednesday and Friday – 11:00am*

*– 2:00pm; Monthly and weekly stipend.*

*Must register for monthly stipend only.*

#### Velva Food Pantry

(701) 338-2143

Oak Valley Lutheran Church,

400 North Main Street, Velva, ND

*Last Tuesday of the month at 6:00-7 PM*

### **Free Meals:**

#### **Lunches:**

Monday: 11:30 AM – 12:30 PM

Faith United Methodist Church

5900 Highway 83 N.

(701) 838-1540

Tuesday: 11:30 AM – 12:30 PM

Christ Lutheran Church

502 17<sup>th</sup> St N.W.

(701) 838-0746

Wednesday: 11:30 AM – 12:30 PM

Immanuel Baptist Church

1615 2<sup>nd</sup> St S.E.

(701) 839-3694

Thursday: 11:30 AM – 12:30 PM

All Saints Episcopal Church

301 S Main Street

(701) 205-1541

Friday: 11:30 AM – 12:30 PM

First Lutheran Church

120 5<sup>th</sup> Ave N.W.

(701) 852-4853

### **Free Meals: (cont.)**

Wednesday: 5:30 PM – 6:30 PM  
First Presbyterian Church  
1003 3<sup>rd</sup> St N.E.  
(701) 852-0315

### **Education:**

Adult Learning Center  
(701) 857-4488  
1609 4<sup>th</sup> Ave N.W.  
*GED and English classes*

Burdick Job Corps  
(701) 857-9600  
1500 University Ave W.

Community Options  
(701) 852-0174 or (866) 349-8619  
300 3<sup>rd</sup> Ave S.W.  
*Helps low income and disabled individuals  
find work. Many other vocational and  
independent living services available too.*

Vocational Rehab  
(701) 857-8500  
1015 S Broadway Suite 18  
*Assists with job re-training and  
education.*

### **Employment Assistance:**

Command Center Inc.  
(701) 839-9675  
1309 N Broadway  
*Provides day labor*

Community Options  
(701) 852-0174 or (866) 349-8619  
300 3<sup>rd</sup> Ave S.W.

Elwood Staffing  
(701) 839-1940  
1115 16<sup>th</sup> St. S.W.

Job Service of North Dakota  
(701) 857-7500  
3416 N Broadway

UCP  
(701) 838-0830  
1408 20<sup>th</sup> Ave SE #1  
*Some skills required, sometimes will train*

## **Housing:**

Embrace ND Inc's Bubba's Place

408 1<sup>st</sup> St NW

(701) 839-4273

Domestic Violence Crisis Center

(701) 852-2258

Crisis line – (701) 857-2500

Economy Hotel

(701) 852-3411

Independence Inc.

2000 Burdick Expressway E., Suite C

(701) 839-4724

*Resource Center for Independent Living*

Men's Winter Refuge

(701) 822-2585

1112 43<sup>rd</sup> St. S.E.

*Homeless Shelter for Men*

Minot Homeless Coalition

(701) 852-6300, [mahc@srt.com](mailto:mahc@srt.com)

105 1<sup>st</sup> St. S.E.

Minot Housing Authority

(701) 852-0485

108 Burdick Expressway

Rehab's Recovery House

(701) 839-0627

911 3<sup>rd</sup> St. N.E.

Sanctuary

(Sober Living for Women Only)

(701) 500-2216

P.O. Box 1944, Minot, ND 58702

St. Vincent de Paul

(701) 833-1269

YWCA

(701) 838-1812

205 3<sup>rd</sup> St S.E.

*Women's Shelter*

## **Medication Assisted**

### **Treatment Services:**

Community Medical Services

(701) 858-1801

300 30<sup>th</sup> Ave N.W.

*Suboxone and Methadone,  
Counseling, Treatment Plan, Peer  
Support*

Ideal Options

(877) 522-1275

3520 N Broadway

*Suboxone/Buprenorphine,  
Vivitrol/Naltrexone, Acamprosate and  
many other Medications, Counseling  
and Behavioral Therapies*

Northland Health Center

(701) 852-4600

1600 2<sup>nd</sup> Ave S.W., Suite 19

*Dental and Medical – sliding fee scale*

## **Medical/Dental:**

### Dakota Hope Clinic

(701) 852-4673

315 S Main St, Ste 205

*Education and Pregnancy Support,  
Community Referrals*

### First District Health Unit

(701) 852-1376

801 11<sup>th</sup> Ave SE

*Education, Children's Health and  
Nutrition, Public Health Resources*

### Minot Vet Center

(701) 852-0177

3300 South Broadway

*Open Monday through Friday:*

*8:00 AM – 4:30 PM*

*1<sup>st</sup> Saturday of every month:*

*7:30 AM – 3:30 PM*

### ND Donated Dental Services

(877) 449-4109

*Must apply at [www.dentallifeline.org](http://www.dentallifeline.org)*

### ND Vision

(701) 258-6766,

*May provide eye exam and glasses.*

*Must have lived in ND for at least 2  
years and had no exam within 3 years;*

*someone in household must be  
working.*

### Northland Community Dental Office

(701) 838-3051

15 2<sup>nd</sup> Ave SW #110

### Northland Health Center

(701) 852-4600

1600 2<sup>nd</sup> Ave S.W., Suite 19

*Dental and Medical – sliding fee scale*

### Sanford Health Expansion Plan

*Income-based insurance coverage for  
individuals 19-65.*

*Application can be found at:*

*[www.nd.gov/dhs/eligibility/index.html](http://www.nd.gov/dhs/eligibility/index.html)*

## **Medical Discounts:**

\* Please call to the pharmacies to see who offers a discount program to those without insurance. Not all have them, but some do and make your prescriptions more affordable.

## **Naloxone Discounts:**

### CVS

(701) 852-4068

1520 20<sup>th</sup> Ave S.W.

*A manufacturer's coupon for Narcan  
nasal spray will be applied for patients*

*without insurance. It will reduce the cost to \$94.99*

### **Naloxone Discounts: (cont.)**

#### Evzio/Kaleo Cares

1-855-77-EVZIO (1-855-245-6510) –

Monday – Saturday:

7:00 AM – 7:00 PM CST

*Eligible patients with no insurance and an annual household income below \$100,000 a year may get EVZIO at no cost through the kaléo Cares Patient Assistance Program*

### **Transportation:**

#### Souris Basin Transportation

(701) 852-8008

#### City Bus

(701) 857-4148

#### Central Cab Company

(701) 852-8000

#### Taxi 9000

(701) 852-9000

### **Veteran Services – Minot**

#### **Area:**

#### Ward County Veteran Service Officer

(701) 857-6492

225 3rd St SE Ste. 124

*Assists Veterans and dependents with accessing benefits from the VA.*

#### ND Military Outreach

(701) 340-2779

3420 2nd St. N.E.

*Works with Veterans, Service Members, and Families to connect them to local, regional, and statewide resources and benefits.*

#### Minot Vet Center

(701) 852-0177

300 South Broadway

*Provides counseling to Combat Veterans.*

#### Community Action

Supportive Services for Veteran Families

(701) 839-7221

2020 8th Ave S.E.

*Rental assistance for Homeless Veterans.*

#### Job Service ND

Veterans, Employment Team

(701) 857-7523

3416 N Broadway

*Assistance with job placements for Veterans.*

## **Veteran Services – Minot Area: (cont.)**

### **VA Clinic**

(701) 418-2600

1400 20th Ave S.W., Ste. 2

*VA Clinic offers medical care to VA-enrolled Veterans.*

### **HUD-VASH**

(701) 852-0177

1400 20th Ave S.W., Ste. 2

*Housing assistance for Homeless Veterans.*

### **Veteran Services, Minot State University**

1-800-777-0750

1500 University Ave W.

*Assists Veterans with transition from military to education.*

### **MAFB Airmen and Family**

(701) 723-3950

291 Peacekeeper Place, MAFB

*Offer many programs and resources to assist Active Duty Service members, families, and Veterans in need of support.*

### **Family Assistance Center, for NDNG**

(701) 420-5861

3420 2nd St N.E.

*Referral, outreach, and support services for military members and their families.*

## **Veteran's Services – Statewide:**

### **Fargo VA Health Care System**

1-800-410-9723

*Health care services for veterans in North Dakota, western Minnesota, and northeast South Dakota*

## **Veteran's Services – Statewide:**

### **ND Department of Veterans Affairs**

(701) 239-7166

*Assist veterans of North Dakota and their dependents in obtaining all benefits to which they are entitled.*

### **Homeless Veterans Assistance**

(877) 424-3838

*Assistance for Homeless Veterans.*

### Military One Source

1-800-342-9647

*Resources for Active Duty Service members and families.*

### Veterans Crisis Line

TEXT – 838255

1 (800) 273-8255, press 1

*Crisis line for Veterans in need.*

### Military Service Center

(Bismarck): (701) 333-3072

(Fargo): (701) 451-6178

*The Military Service Center offers diversified programs for Service Members, Veterans, and their families.*

### ND Military Outreach

Northern ND: (701) 340-2779

Southern ND: (701) 260-4730

*Works with Veterans, Service Members and Families to connect them to local, regional, and statewide resources and benefits.*

### ***Services & Support for Veteran's & Families/Housing assistance for Veterans***

Williston: (701) 577-4550

Dickinson: (701) 456-7684

Grand Forks: (701) 780-8296

Devils Lake: (701) 662-7048

Jamestown: (701) 252-9043

Bismarck: (701) 222-6698

Minot: (701) 857-649

### **Veteran's Justice Outreach**

(701) 239-3700 x 4568

*Assistance to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans.*



## **Addiction Support Group**

### **Meetings:**

#### **Sunday:**

##### **AA**

- 2:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 7:00 PM, Cornerstone  
Presbyterian Church,  
1000 3<sup>rd</sup> St. N.E.  
*MINYPAA Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

##### **Al-Anon/Alateen**

- 6:30 PM, Zion Lutheran, 1800  
Hiawatha St S.E.  
*Paths to Recovery AFG*

##### **NA**

- 7:00 PM, Congressional United  
Church, 430 N Broadway

#### **Monday:**

- 7:00 PM, 1315 1<sup>st</sup> St NE,  
(701) 720-5909,  
*Embrace ND*  
*Support for all affected by  
addiction – those seeking  
recovery, in recovery, loved ones  
of addicts, all are welcome.  
Growing and healing together to  
create a recovery community.*
- 6:00 PM, 212 East Central  
Avenue, (701) 852-3263  
*Minot Recovery Peer Support  
Group – Harmony Center*

##### **AA**

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*

##### **Al-Anon/Alateen**

- 6:00 PM, Cornerstone  
Presbyterian Church

1000 3<sup>rd</sup> St NE

*Personal Freedom AFG*

- 8:00 PM, Cornerstone Presbyterian Church  
1000 3<sup>rd</sup> St NE  
*Newcomer's Meeting*

### NA

- 12:00 PM - Christ Lutheran Church; 502 17<sup>th</sup> St NW
- 8:00 PM, Northern Testing; 2201 15<sup>th</sup> St SW (NE Door)

## Tuesday:

### AA

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 7:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

### Al-Anon Family Group

- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Club*

### NA

- 8:00 PM, Living Word Lutheran Church; 710 46<sup>th</sup> Ave NE,
- 2:00 PM, 212 East Central Avenue, (701) 852-3263  
*Minot Recovery Peer Support Group – Harmony Center*

### PAL (Parents of Addicted Loved Ones)

- 6:00 PM, Our Redeemer's Church, 700 16<sup>th</sup> Ave SE, (701) 721-7122

## Wednesday:

### AA

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 8:00 PM, *700 Group, 700 16<sup>th</sup> Ave SW*

### NA

- 12:00 PM, Christ Lutheran Church, 502 17<sup>th</sup> Ave NW
- 7:00 PM, Northern Testing; 2201 15<sup>th</sup> St SW (NE Door)

## Thursday:

### AA

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*

### NA

- 8:00 PM, Northern Testing; 2201  
15<sup>th</sup> St SW (NE Door)

### Other

- 6:00 PM, 3740 Crossings St. SW,  
Church of Jesus Christ of Latter  
Day Saints  
*For family members of persons in  
recovery*
- 7:00 PM, 3740 Crossings St. SW,  
Church of Jesus Christ of Latter  
Day Saints  
Call-in Number: (855) 537-4000  
*For persons in recovery*

## Friday:

### AA

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 7:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*

### NA

- 8:00 PM, Northern Testing; 2201  
15<sup>th</sup> St SW (NE Door)
- 7:00 PM, First Baptist Church,  
200 3<sup>rd</sup> St. S.W.  
*Celebrate Recovery*  
*Large group starts at 7:00 PM;*  
*the first Friday of each month*  
*there is a meal at 6:00 PM*

## Saturday:

### AA

- 10:00 AM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

### **Al-Anon**

- 10:00 AM, Cornerstone  
Presbyterian Church, 1000 3<sup>rd</sup> St  
N.E.  
*Family Group*

### **NA**

- 8:00 PM, Our Redeemers  
Lutheran Church, 700 16<sup>th</sup> Ave  
S.E.

### **Every 3<sup>rd</sup> Saturday**

- 11:15 AM, Cornerstone  
Presbyterian Church, 1000 3<sup>rd</sup> St N.E.  
*Steps, Traditions, Concepts*

## **Disclaimer:**

This booklet was created to be a resource guide for those seeking recovery, struggling with recovery, or seeking help for themselves or family members. We are not “endorsing” any particular treatment centers/therapist, these are simply resources that are available. Booklets will be updated quarterly. If you notice information that needs to be changed or added, please call (701) 720-5909.

**Information for this pamphlet has been gathered from similar forms  
not specific to recovery.**